

VALÉRIE MILOT BIOGRAPHY

"Music gives us access to the heart of the world." – Hubert Reeves



Valérie Milot passionately pursues a career as a harpist and humanitarian entrepreneur, driven by the mission to develop equitable access to music. Her mission: to make music accessible to all and transform it into a tool for reflection, dialogue and solidarity.

In 2016, she realised her commitment by founding Anémone 47, which she now co-directs with cellist Stéphane Tétreault. More than a producer of unique concerts, this organisation works in the field to offer music to those who have the least access to it, such as children and people living with chronic illness or disability. Each project becomes a bridge between the stage and the community.

Introduced to classical music from her earliest years within her family circle, Valérie felt its transformative power very early on. This experience now nourishes her conviction that every person deserves access to these same benefits, regardless

of their background or living environment. Her artistic and humanitarian mission aims to break down barriers and make the beauty of music resonate with all audiences.

More than four million views on YouTube attest to her digital reach. On social media, she shares a universe where music, humour, philosophy and art history intermingle, offering the public an uninhibited and lively way of approaching classical music.

A prolific musician, her discography includes more than thirty recordings. In autumn 2025, Valérie launches her 12th personal album, *Nebulæ*, marking the beginning of a tour of solo performances that combine science, philosophy and music.

An advocate of slow touring, Valérie rethinks the traditional approach to tours by favouring travel that is humanly profitable. Through *Anémone 47*, community activities are annexed to concerts in the cities visited, thus maximising the social impact of her artistic presence.

A recognised soloist, Valérie reveals on stage the infinite possibilities of the harp, boldly exploring its unsuspected sonorities and pushing the boundaries of this millennial instrument. She regularly collaborates with prestigious orchestras (Les Violons du Roy, Orchestre symphonique de Montréal, Orchestre Métropolitain) and internationally renowned conductors such as Yannick Nézet-Séguin and Bernard Labadie.

Her exceptional artistic journey has earned her numerous distinctions, notably the Prix d'Europe 2008 - making her the first harpist in nearly a century to win this prestigious prize. Graduated from the Conservatory "with great distinction" at the end of her master's studies with Caroline Lizotte, she pursued her studies with Rita Costanzi in New York. Since the beginning of her career, she was named Révélation de l'année Radio-Canada, received several Prix Opus and nominations at the Gala de l'ADISQ.

Valérie plays on an "Apollonia" harp by Salvi, graciously lent by the company Canimex of Drummondville, owned by patron Roger Dubois.

