



PRESS  
KIT

VALÉRIE  
MILOT

2025 - 2026

[WWW.VALERIEMILOT.COM](http://WWW.VALERIEMILOT.COM)

# BIOGRAPHY

*"Music gives us access to the heart of the world."* – Hubert Reeves



Valérie Milot passionately pursues a career as a harpist and humanitarian entrepreneur, driven by the mission to develop equitable access to music. Her mission: to make music accessible to all and transform it into a tool for reflection, dialogue and solidarity.

In 2016, she realised her commitment by founding Anémone 47, which she now co-directs with cellist Stéphane Tétreault. More than a producer of unique concerts, this organisation works in the field to offer music to those who have the least access to it, such as children and people living with chronic illness or disability. Each project becomes a bridge between the stage and the community.

Introduced to classical music from her earliest years within her family circle, Valérie felt its transformative power very early on. This experience now nourishes her conviction that every person deserves access to these same benefits, regardless

of their background or living environment. Her artistic and humanitarian mission aims to break down barriers and make the beauty of music resonate with all audiences.

More than four million views on YouTube attest to her digital reach. On social media, she shares a universe where music, humour, philosophy and art history intermingle, offering the public an uninhibited and lively way of approaching classical music.

A prolific musician, her discography includes more than thirty recordings. In autumn 2025, Valérie launches her 12th personal album, *Nebulæ*, marking the beginning of a tour of solo performances that combine science, philosophy and music.

An advocate of slow touring, Valérie rethinks the traditional approach to tours by favouring travel that is humanly profitable. Through *Anémone 47*, community activities are annexed to concerts in the cities visited, thus maximising the social impact of her artistic presence.

A recognised soloist, Valérie reveals on stage the infinite possibilities of the harp, boldly exploring its unsuspected sonorities and pushing the boundaries of this millennial instrument. She regularly collaborates with prestigious orchestras (Les Violons du Roy, Orchestre symphonique de Montréal, Orchestre Métropolitain) and internationally renowned conductors such as Yannick Nézet-Séguin and Bernard Labadie.

Her exceptional artistic journey has earned her numerous distinctions, notably the Prix d'Europe 2008 - making her the first harpist in nearly a century to win this prestigious prize. Graduated from the Conservatory "with great distinction" at the end of her master's studies with Caroline Lizotte, she pursued her studies with Rita Costanzi in New York. Since the beginning of her career, she was named Révélation de l'année Radio-Canada, received several Prix Opus and nominations at the Gala de l'ADISQ.

Valérie plays on an "Apollonia" harp by Salvi, graciously lent by the company Canimex of Drummondville, owned by patron Roger Dubois.



# PRESS REVIEWS

*"Valérie Milot is living proof that you can be both a classical musician and a rebel at heart. In her show Orbis, the renowned harpist presents her instrument in a way you've probably never seen or heard before."*

- Isabelle Authier - La Voix de l'Est

*"That said, the evening was a milestone: the judicious creativity of Valérie Milot, Stéphane Tétreault, and their entire team deserves to be saluted with infinite respect. These artists all asked themselves the right questions in terms of repertoire, concert format, the "concert ritual," and the integration of technology in the service of the musical message. These were pertinent questions and thoughtful answers, many of which hit the mark on the first try."*

- Christophe Huss - Le Devoir

*"Brilliant and highly inspired performers, they [Valérie Milot and Stéphane Tétreault] gave full measure of their immense talent on Saturday. That talent alone would obviously have been enough to create a very rich concert, but by investing themselves in a total performance—an expression that is too often overused but which here takes on its full meaning—the artists made it a very moving musical event."*

- François Houde -

Le Nouvelliste



*"We must also applaud not only the musician's performance for its accuracy and passion, but also her stamina in playing an hour of music without a break and not missing a single entrance. Not to mention her originality and audacity in renewing the classical concert experience in this way."*

- Steve Bergeron - La Tribune



@valeriemilotharpe



19 300 followers



+ than 4 288 000 views



### DIE MOLDAU SMETANA

+ than 3 375 000 views



### FANTASIE LUCIA DE LAMERMOOR PARISH-ALVARS

+ than 207 000 views



### ZARAGOZA ALBENIZ

+ than 128 000 views



### STANDCHEN SCHUBERT

+ than 52 000 views



### DISCIPLINE KING CRIMSON

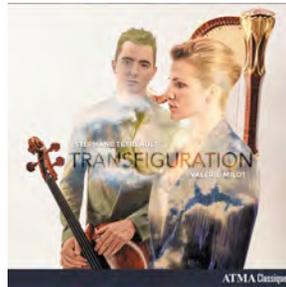
+ than 45 900 views



# DISCOGRAPHY



Nebulae  
2025



Transfiguration  
2022



Canzone di Notte  
2022



Solo  
2020



Bareil, Tétreault, Milot  
2017



Orbis  
2016



Concertos / Violons du Roy  
2013



Aquarelles  
2012



Around Christmas  
2012



V - Chamber Music for Harp  
2011



Old Friends  
2011



Revelation  
2009

# PRIZES AND DISTINCTIONS

2023

- Opus Award for Concert of the Year - Contemporary Music for the album Transfiguration
- Nominated for a Félix Award at the ADISQ Gala in the "Classical" category for the album Transfiguration

2019

- Opus Award for Concert of the Year - Multiple Repertoires

2018

- Nominated for a Félix Award at the ADISQ Gala in the category "Classical - Soloist and Small Ensemble" for the album Trios for Violin, Cello, and Harp: Antoine Bareil, Stéphane Tétreault, and Valérie Milot
- Arts Excellence Award for Performing Arts Creation of the Year for Orbis - Culture Mauricie

2014

- Nominated for a Félix Award at the ADISQ Gala in the category "Classical - Orchestra and Large Ensemble" for the album Handel, Boieldieu, Mozart: Concertos for Harp

2013

- Prix *Trois-Rivières sans frontière* - Trois-Rivières' Grands prix culturels

2011

- Nominated for a Félix Award at the ADISQ Gala in the category "Classical - Soloist and Small Ensemble" for the album V - Chamber Music for Harp



2010

- Nominated for a Félix Award at the ADISQ Gala in the category "Classical - Soloist and Small Ensemble" for the album *Révélation - Récital de harpe*

2009

- *Jeune Soliste des Radios Francophones Publiques* Prize - France / Radio-France, Switzerland/ Radio Suisse Romande, Belgium / RTBF and Canada / CBC-Radio-Canada
- Opus Prize - Discovery of the Year
- Revelation - CBC-Radio-Canada
- Louis-Philippe-Poisson Performing Arts Award, Trois-Rivières

2008

- Prix d'Europe - 1st prize
- Wilfrid-Pelletier Award
- Prize with High Distinction, awarded unanimously by the jury - Trois-Rivières Conservatory of Music
- Prize for the best performance of a contemporary work at the International Harp Competition of the Cité des Arts in Paris

2007

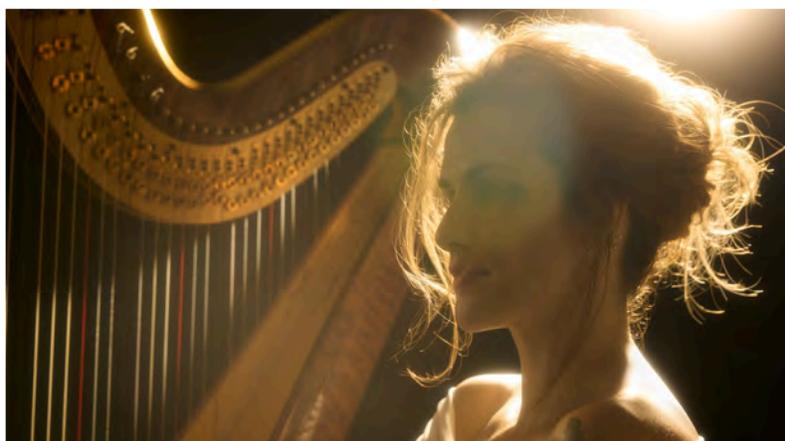
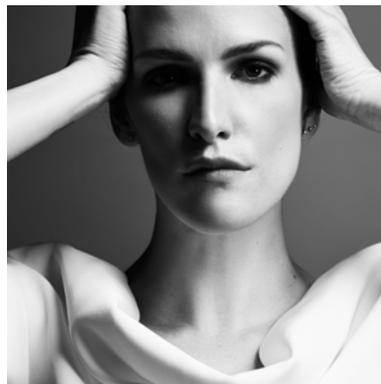
- Second prize in the OSM Standard Life competition and "Prize for the best performance of a Canadian work"

2005

- Salzedo Centennial Fund Performance Award at the American Harp Society National Competition



# OFFICIAL PHOTOS





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# CONTACT

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